

## **Step By Step Guide On Housebreaking Your Puppy**

- 1. Choose the spot outside where you would like your puppy to go to the toilet (eliminate).
- 2. Keep your puppy in his/her crate, pen area or even tethered to a chair where you are working. Your puppy cannot have free run of the house at this early stage, he must be confined. Every 60 minutes take your puppy straight to the designated toilet area outside. Carry your puppy or walk out on leash.
- 3. When you reach the toilet area walk back and forth or circle around and around. At the same time say and repeat a cue word you would like to attach to the act of your dog eliminating. I use "hurry up" but just pick out a cue word or short phrase and stick with it. In your dogs mind you are building an association between the cue "hurry up!" and him emptying out. This is the first obedience training command you will teach your young pup.
- 4. If your pup does eliminate continue to repeat your cue word and the instant your dog finishes doing his business enthusiastically praise and reward him with a small tasty treat. Make it clear that you are very happy with him and that he is the **best little puppy on the block!** If after 3-4 minutes of circling around your puppy shows no signs of needing to eliminate take him back inside (put in crate or pen) and try again in about twenty minutes.
- 5. Immediately after a successful toilet trip outside you can **allow your puppy some free play time** (under supervision) in the house. Just spend some time enjoying the company of your puppy, then place him back in his crate or pen area.
- 6. Continue with this 60 minute puppy house training schedule, you'll be rewarded for sticking to it. Remember that you are trying to **prevent** any mistakes and at the same time establish good habits in your little puppy.
- 7. "What about overnight?" I hear you ask. Yes well, firstly do not feed your puppy close to bedtime and take away his water before you go to bed (don't forget to put it back first thing in the morning). You'll need to set your alarm clock to go off once and possibly twice throughout the night. This is an important step, just take your puppy out to the toilet area as usual and then hop back into bed. When your puppy is young it is physically impossible for him to hold on all night, but before long you will both be sleeping peacefully right through the night.